

The Physics of Charged Particle Therapy

Quick Introduction to the Physics of Particle Therapy

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IN THE HELMHOLTZ ASSOCIATION

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Research for a Life without Cancer



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!! Disclaimer !!



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**Most (all) slides courtesy of
Dr. Paulo Martins
DKFZ - Division of Biomedical Physics
in Radiation Oncology / E041**

Literature



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- **Radiation Oncology: A Physicist's-Eye View**, Michael Goitein, Springer, Ch. 10, pp. 211-245
- Proton Therapy Physics, Harald Paganetti, Taylor & Francis, Ch. 2-6, pp. 19-190
- The physics of proton therapy, W. D. Newhauser and R. Zhang, *Phys. Med. Biol.* **60** (2015) R155-R209
- Nuclear physics in particle therapy: a review, M. Durante and H. Paganetti, *Rep. Prog. Phys.* **79** (2016) 096702 (59pp)

Additional Literature



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- Schardt, Dieter, Thilo Elsässer, and Daniela Schulz-Ertner. "Heavy-ion tumor therapy: Physical and radiobiological benefits." *Reviews of modern physics* 82.1 (2010): 383.
- Wilson, Robert R. "Radiological use of fast protons." *Radiology* 47.5 (1946): 487-491.

The Ideal Irradiation Type



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In cancer, the ideal radiation delivers:

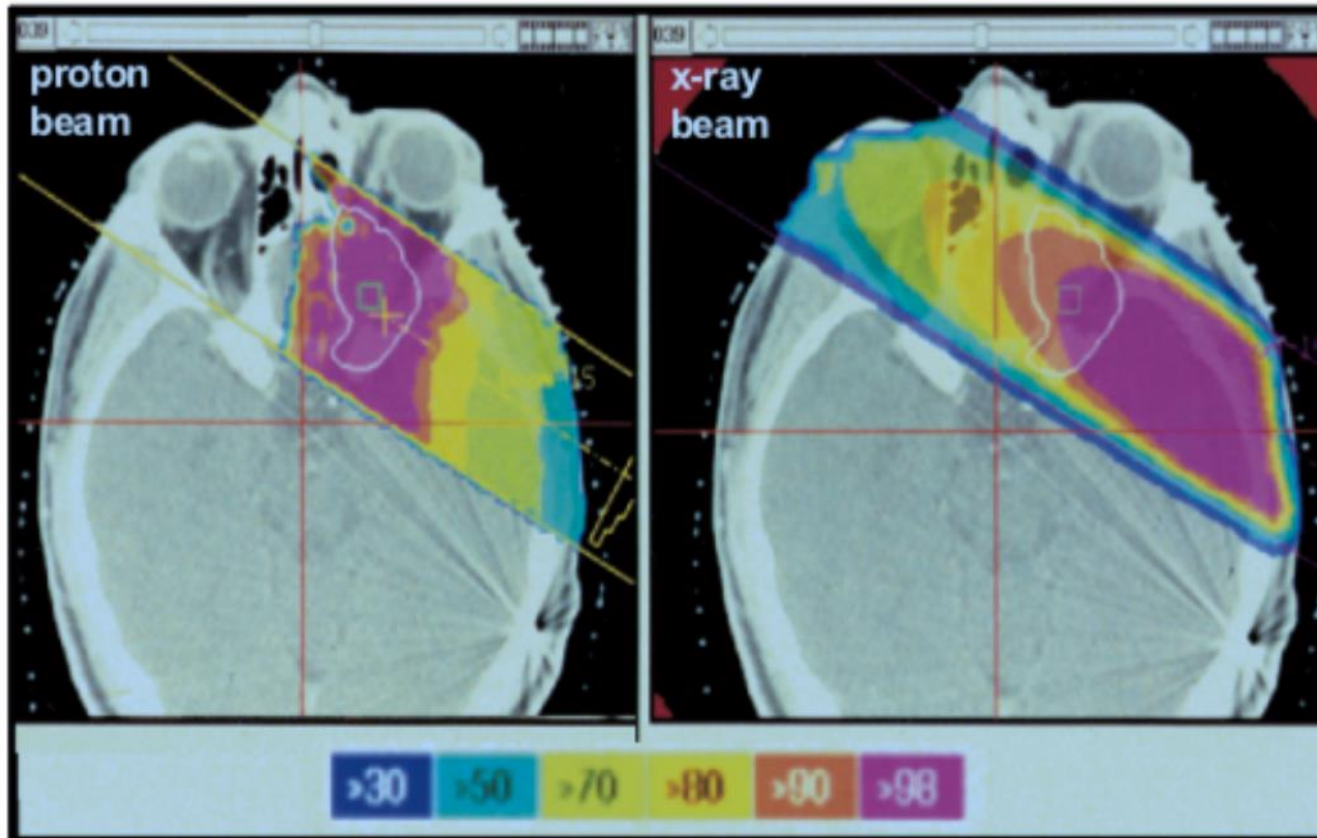
In theory:

- defined dose distribution within the target volume (generally a uniform);
- None outside it.

In practice:

- most of the dose within the target volume
- relatively little outside it

A Quick Comparison



Proton and a photon posterior-oblique beam

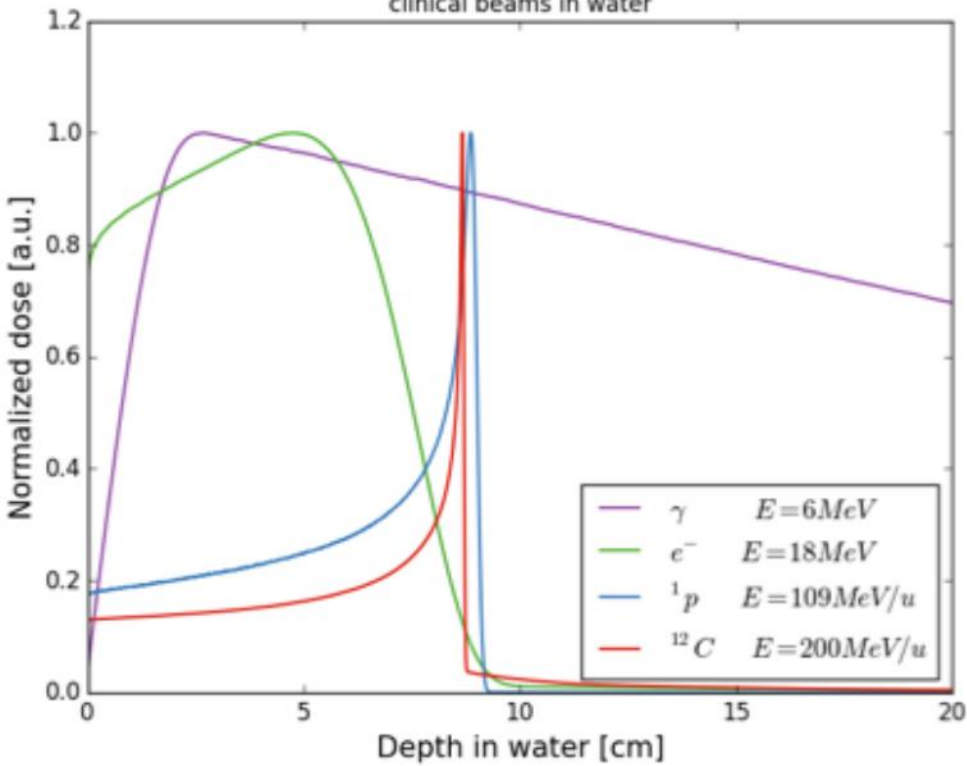
M. Goitein 2008

Dose Deposition

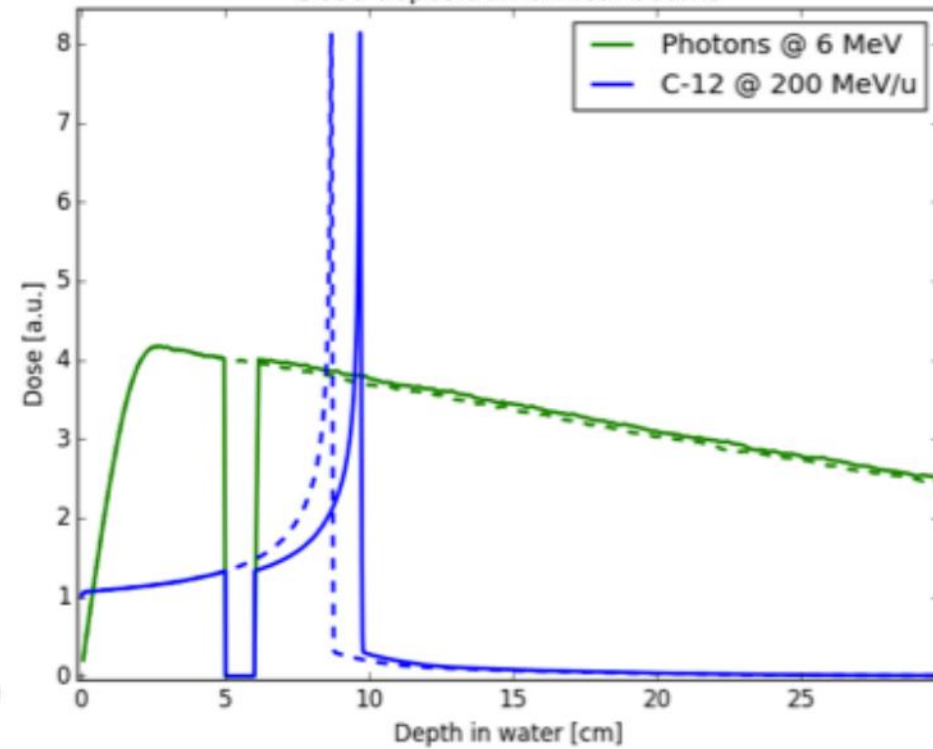


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Depth-dose profiles
clinical beams in water



Dose deposition clinical beams





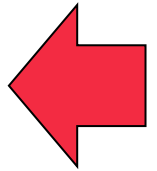
Three main phenomena:

- Coulomb interactions with atomic electrons
- Coulomb interactions with atomic nuclei
- Nuclear interactions with atomic nuclei

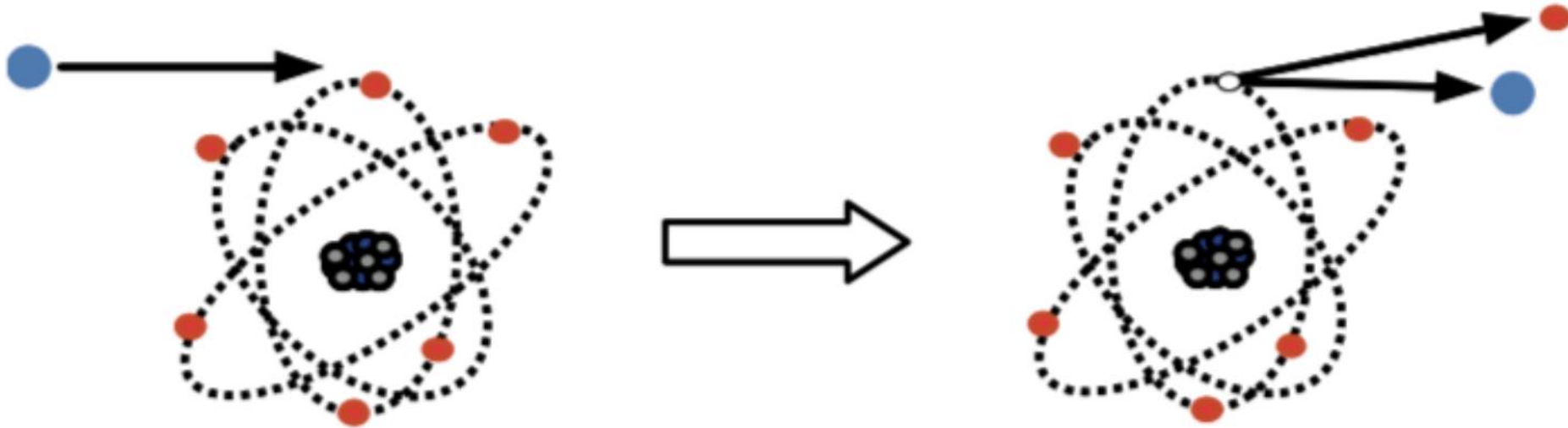


Three main phenomena:

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Coulomb Interaction with Electrons



Coulomb interaction of a proton with an atomic electron

M. Goitein 2008

The Bragg-Peak

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Energy loss due to Coulomb interaction with atomic electrons

Slow energy loss, mainly transferred to atomic electrons, give rise to the Bragg peak

In a stopping medium, the proton's linear rate of energy loss (linear energy transfer – LET or stopping power) is given by the Bethe-Block formula:

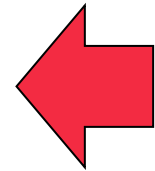
$$\frac{dE}{dx} \propto \frac{1}{v^2} \left(\frac{Z}{A} \right) z^2$$

Local energy deposition increases as protons slow down

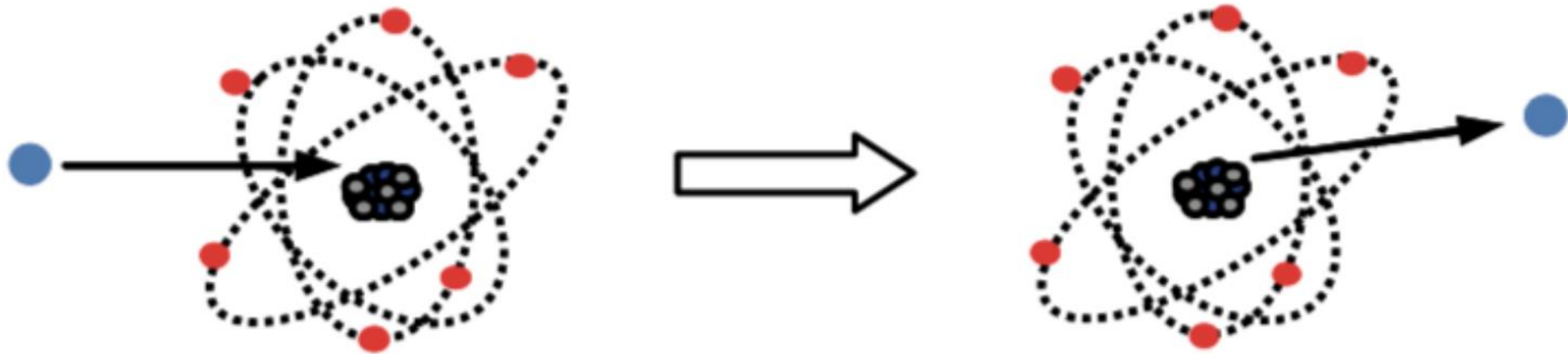


Three main phenomena:

- Coulomb interactions with atomic electrons
- Coulomb interactions with atomic nuclei
- Nuclear interactions with atomic nuclei



Coulomb Interaction with Nuclei



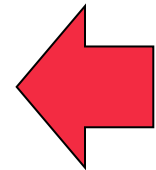
Coulomb scattering of a proton by an atomic nucleus

M. Goitein 2008

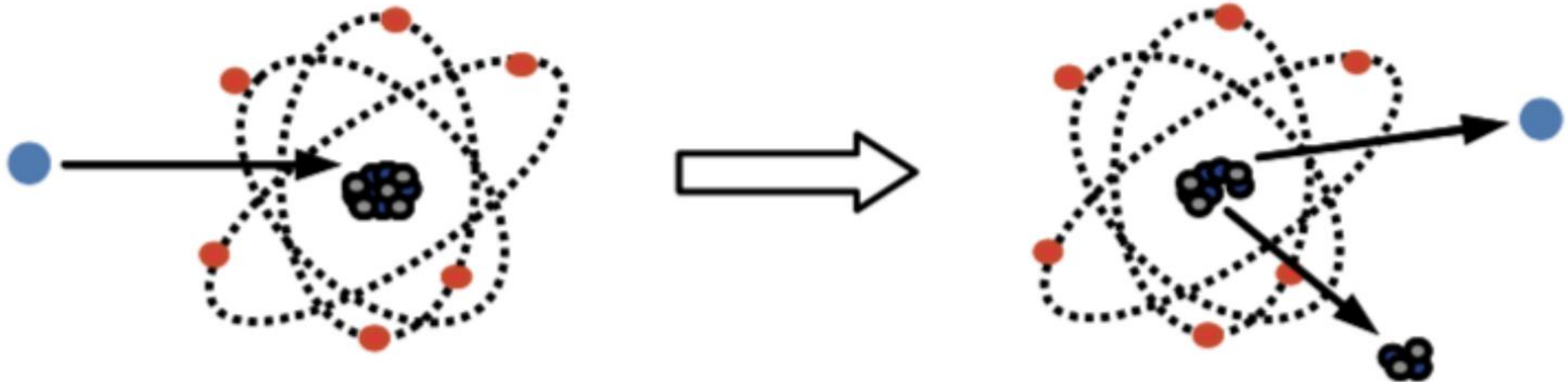


Three main phenomena:

- Coulomb interactions with atomic electrons
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Nuclear Interactions



Non-elastic nuclear collision of a proton with an atomic nuclei

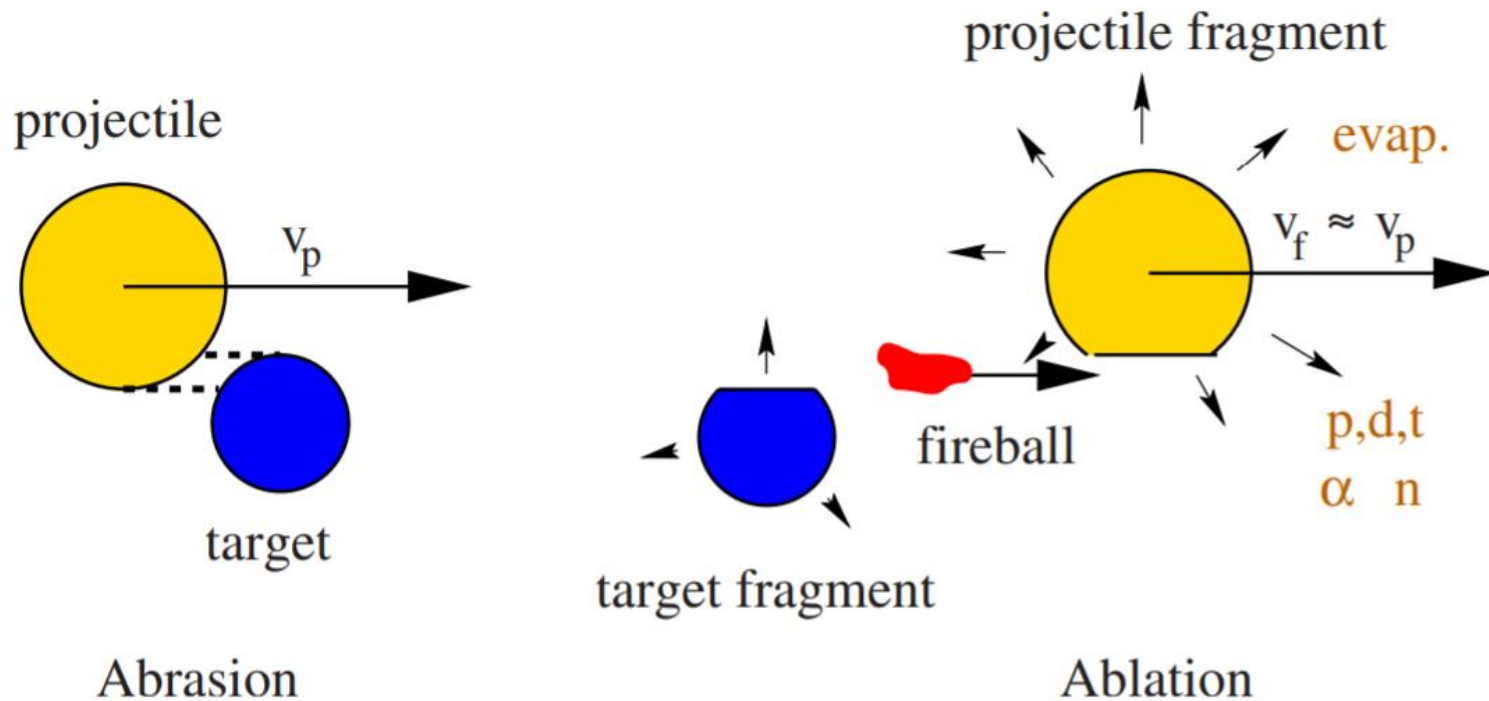
M. Goitein 2008

Nuclear Interactions of Heavy Projectiles



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Heavy Particles e.g. Carbon, Oxygen, Neon ions ...

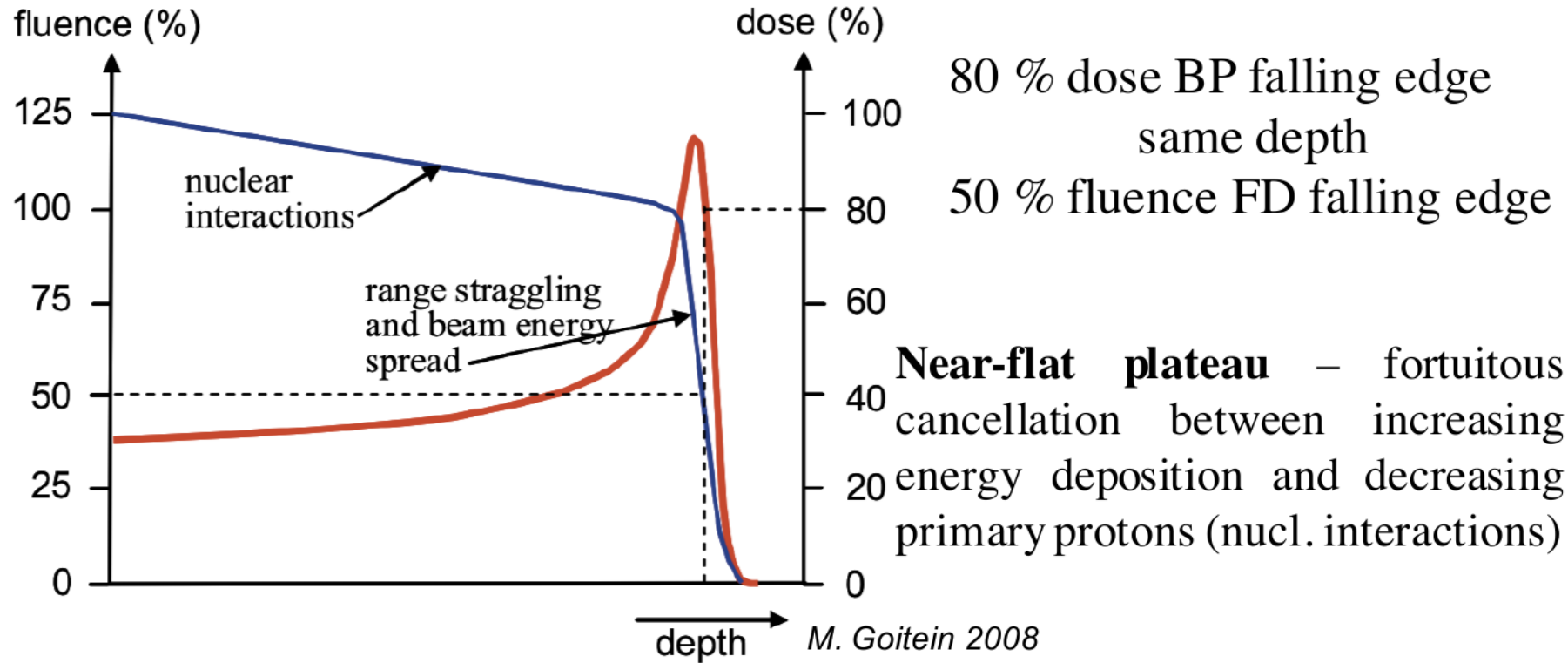


Taken from Schardt 2010 et al.

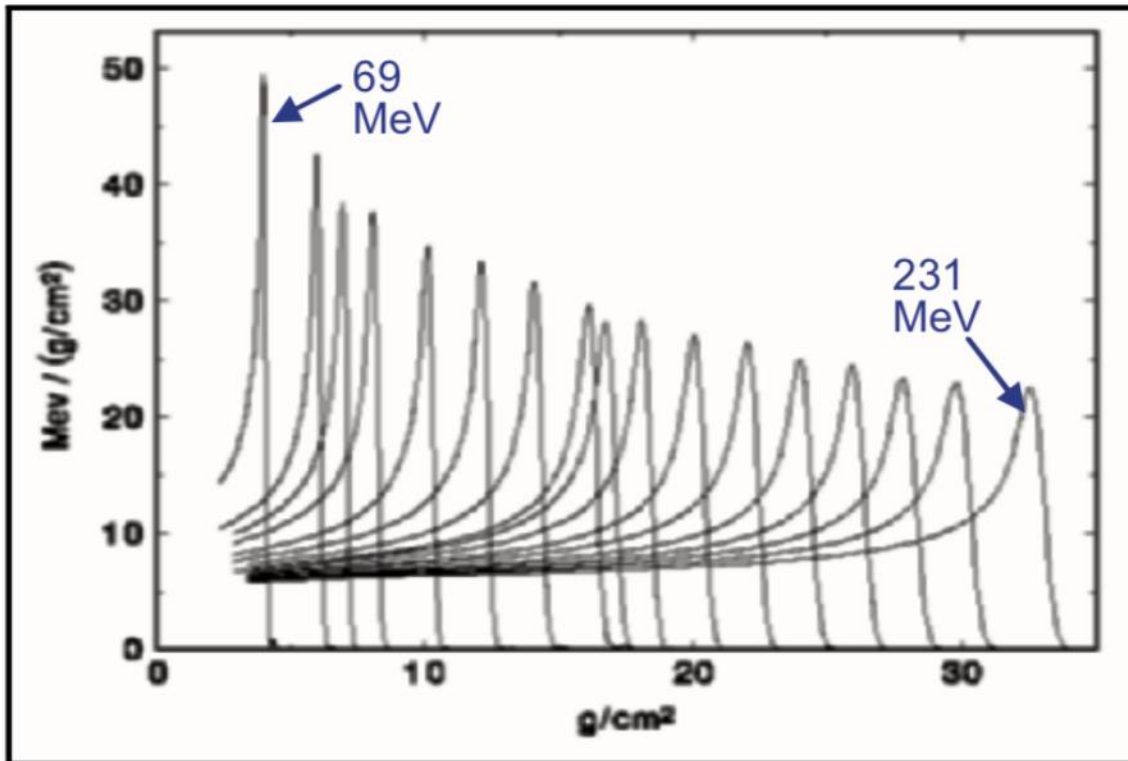
Nuclear Interactions



Depth-fluence vs. depth-dose



Range Straggling

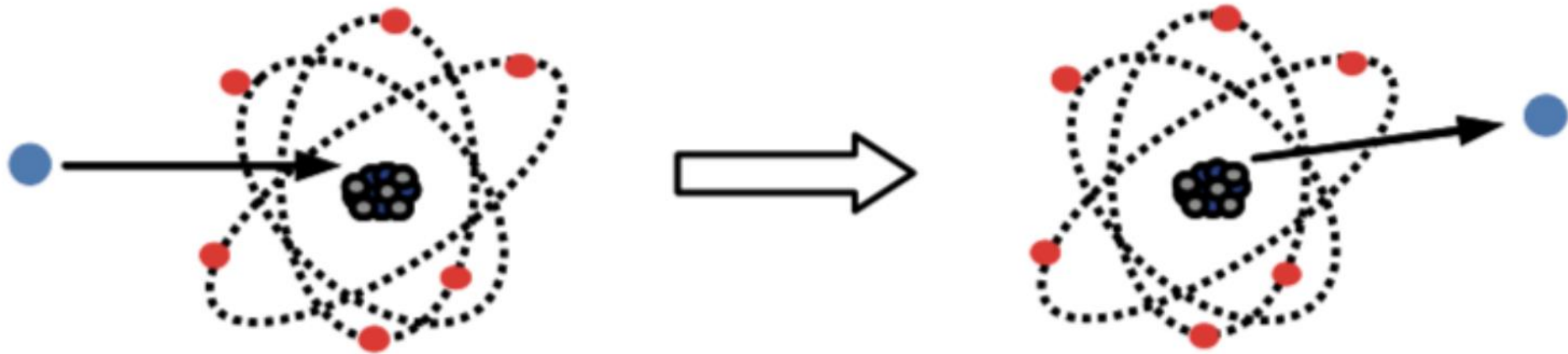
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Lower energies
-> narrower BPs
-> higher peak-to-plateau ratio

Range straggling and energy spread spread out the BP (1.5% range)

B. Gottschalk 2004

Coulomb Interaction with Nuclei



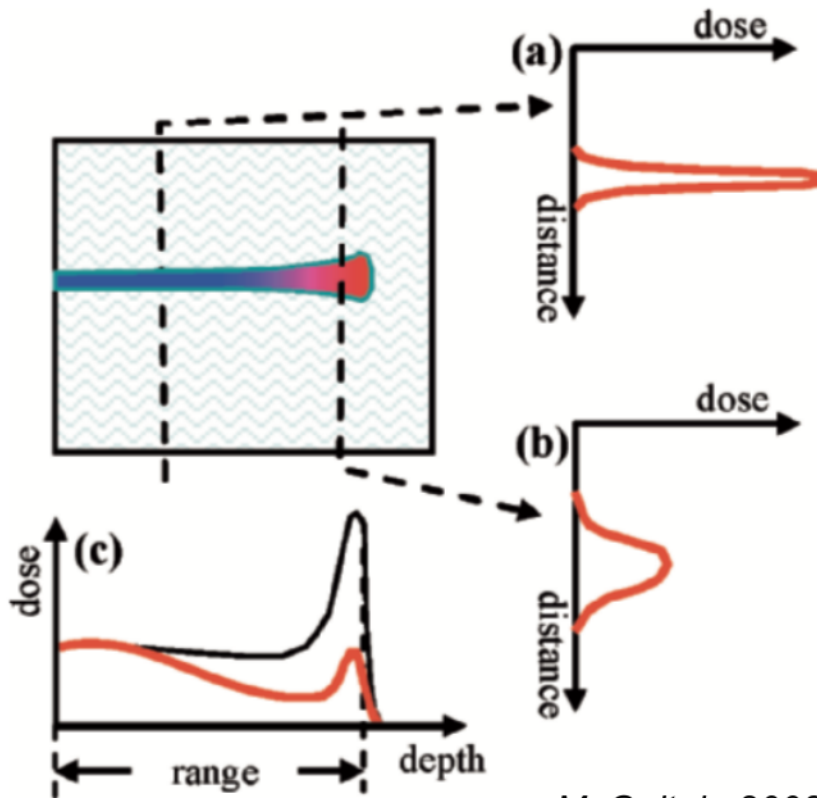
Coulomb scattering of a proton by an atomic nucleus

M. Goitein 2008

Lateral Beam Shape



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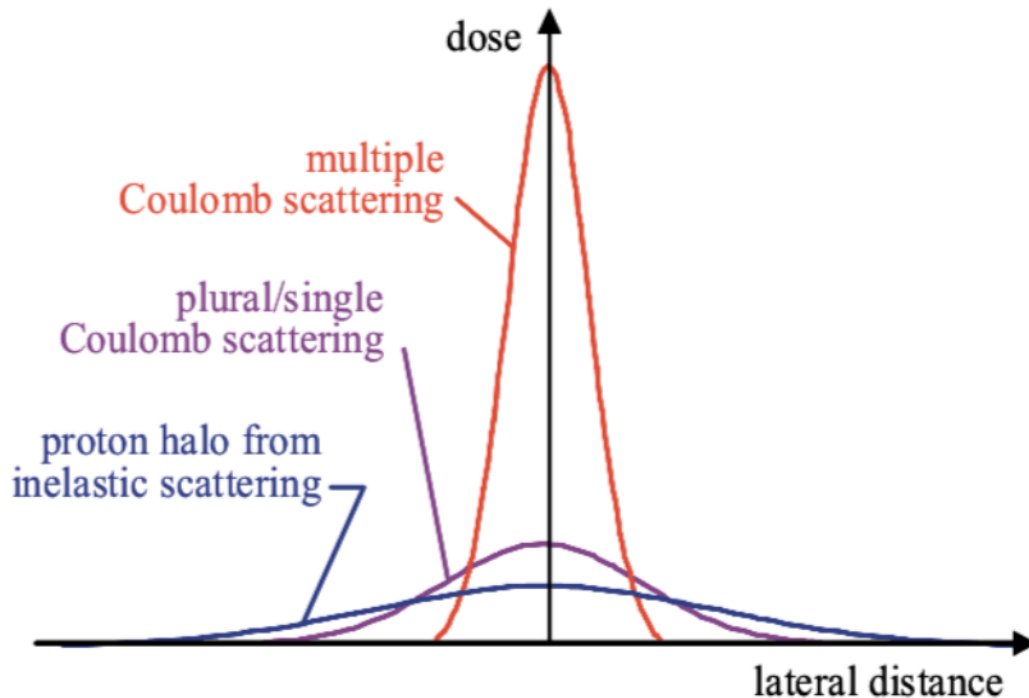
M. Goitein 2008

Lateral dose distributions are broader but shallower at larger depths (lower amplitude but great lateral extent)

Protons going deeper are more scattered and spread out and the energy at the BP is smeared out laterally

-> not well suited for very small (mm) deep seated tumors (many cm)

Lateral Beam Shape

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- Multiple Coulomb scattering:
 - near-Gaussian core
 - long tail
- Nuclear interactions:
 - protons
 - neutrons

M. Goitein 2008

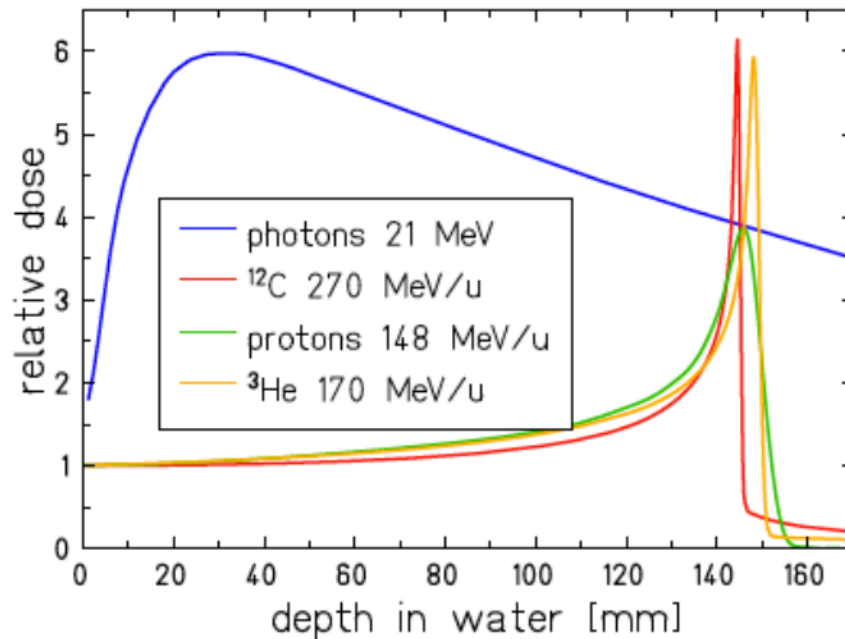
Three charged particle components of the lateral profile of a pencil beam

Lateral Beam Shape

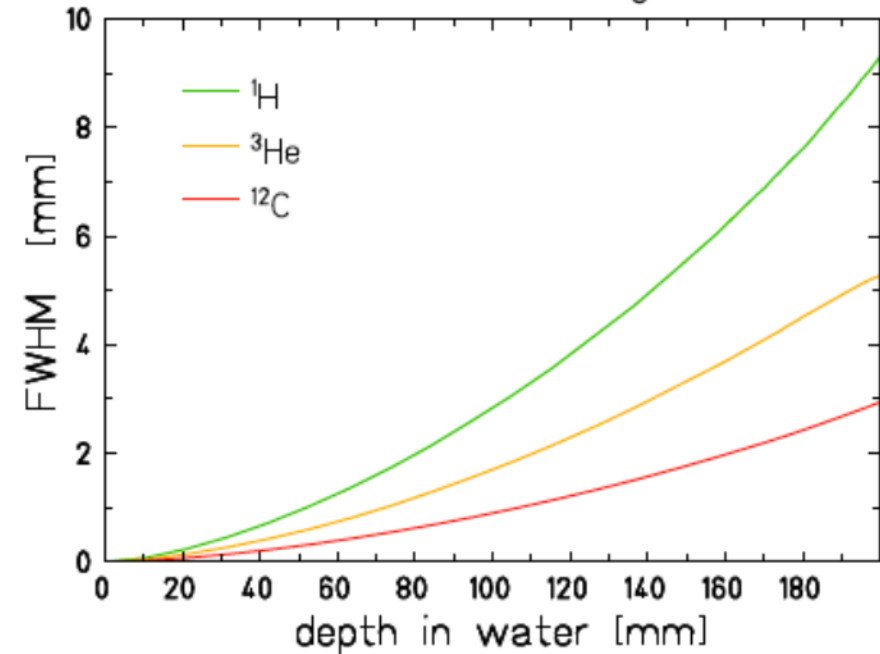


Lateral dose distribution of charged particles

Depth dose profiles

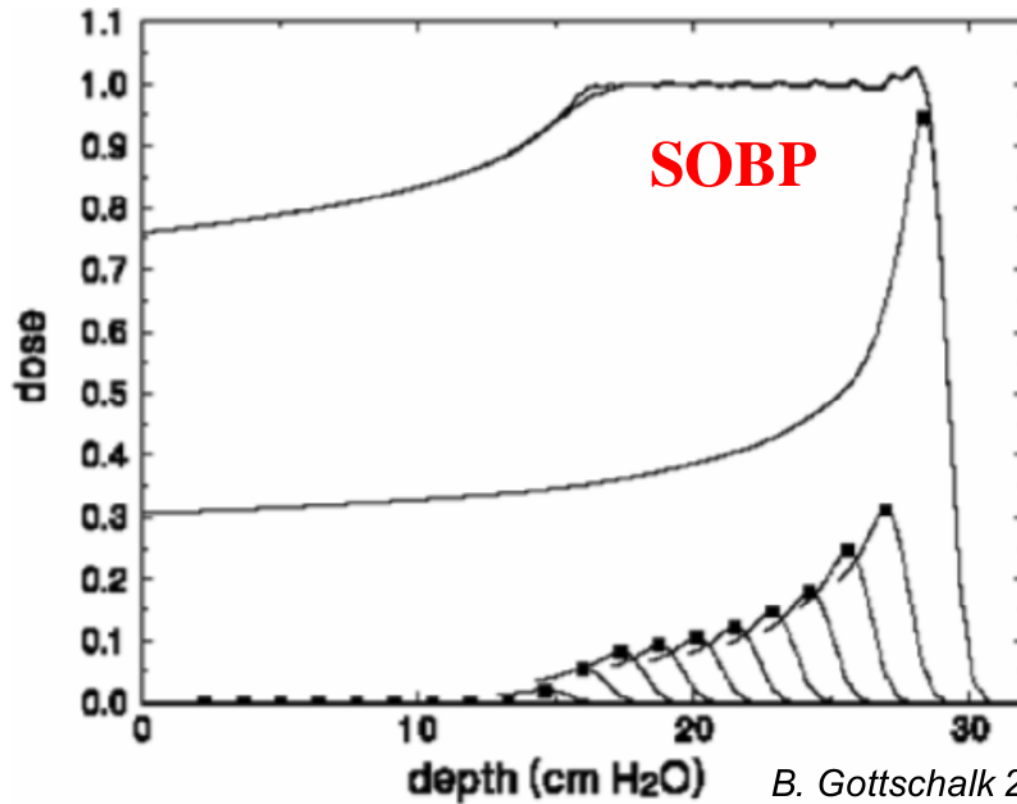


Lateral broadening



Krämer et al., (2016) *Med. Phys.* 43 (4), 1995

The Spread-Out Bragg Peak (SOBP)



Tumors may extend more than 10 cm

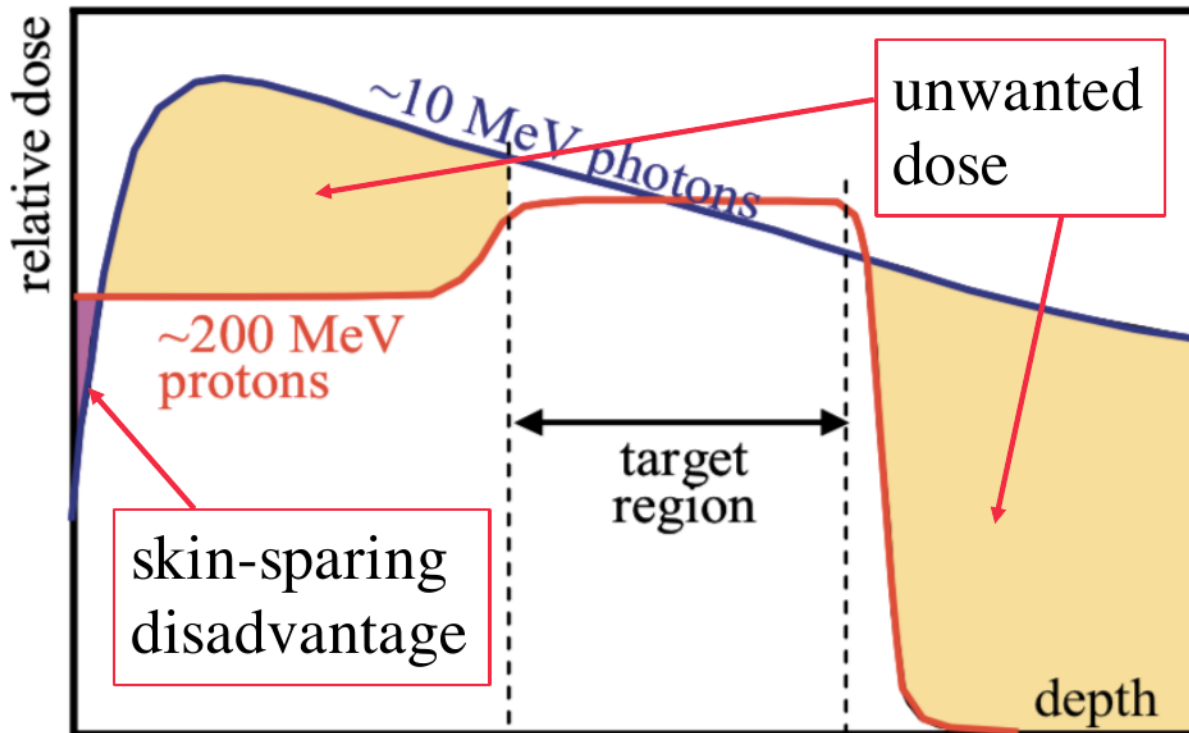
This extension is achieved by delivering many BPs with different ranges/energies and weights

More proximal → less weight

Near-constant high dose at distal region
-> **spread-out Bragg peak (SOBP)**

B. Gottschalk 2004

The Spread-Out Bragg Peak (SOBP)



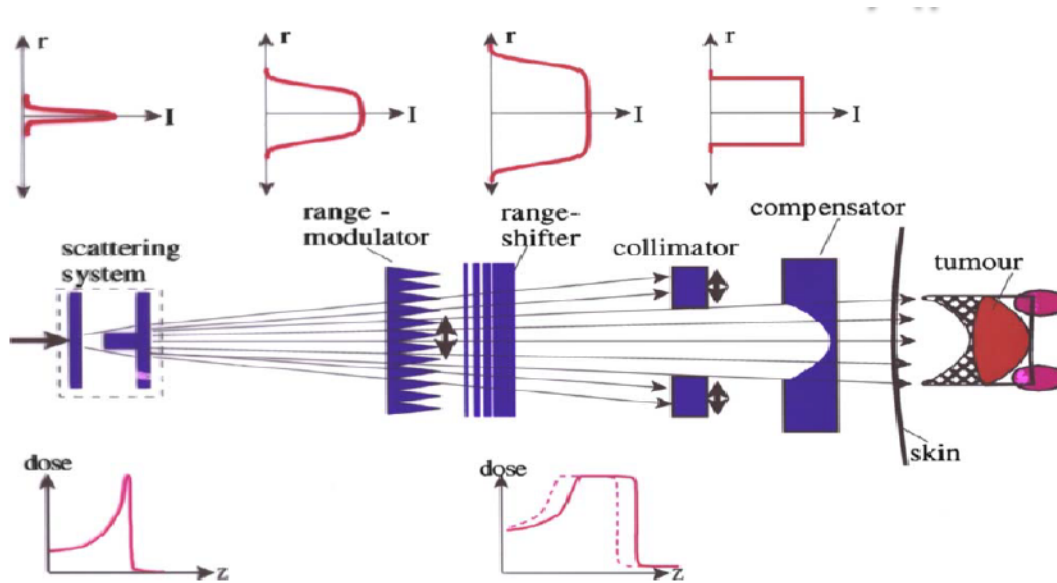
Proton SOBP dose distribution much superior to the one from a photon beam (LINAC)

Entrance dose depends SOBP extent -> up to 80%

Passive Beam Delivery



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Single-scatter:

Excellent penumbral quality
Not too large fields

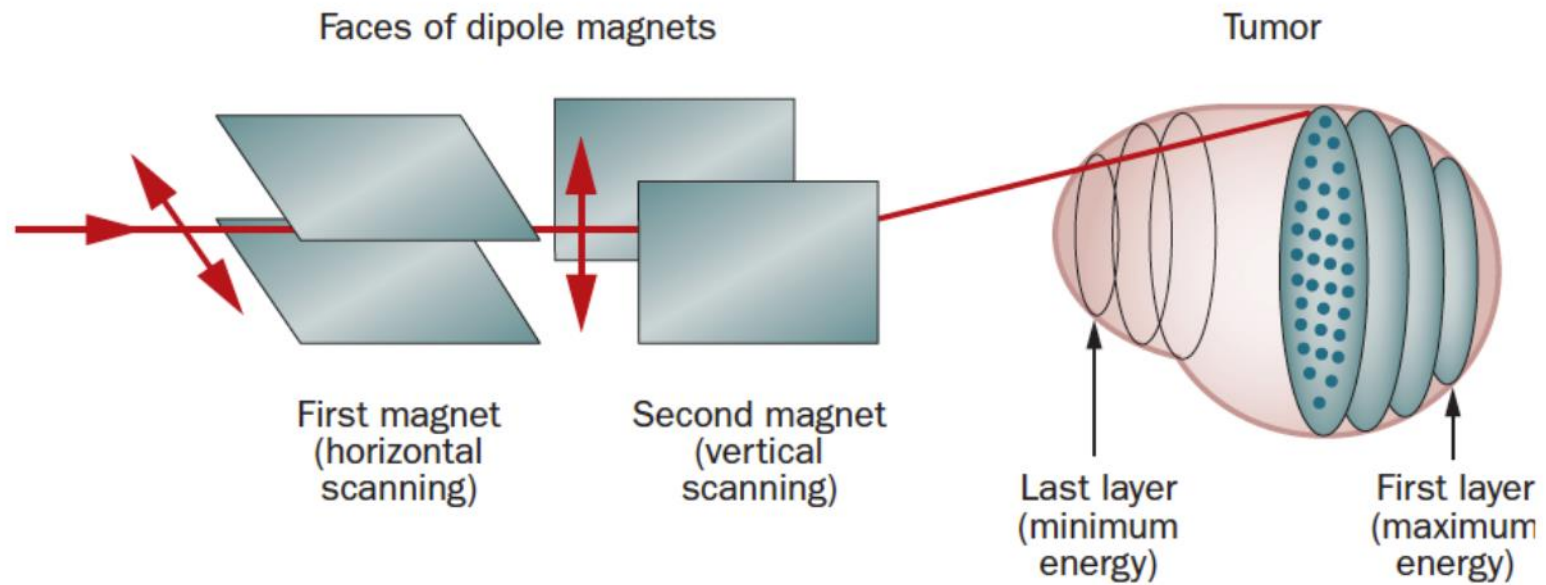
Double-scatter:

Larger penumbra
Must be very well centered
More efficient (transmits up to 45% of the beam)
Reduction of secondary dose

- Double-scattering system generates a flat transversal profile (spreading laterally)
 - Mono-energetic Bragg peak is spread out by a range modulator (spreading in depth)
 - SOBP can be shifted in depth by absorber plates (“range shifter”)
 - The collimator cuts out the field area defined by the largest target contour
 - The range compensator adjusts the distal depth pattern
- Schardt & Elsässer, (2010) Rev. Mod. Phys. 82, 383*



Intensity-controlled magnetic raster scanning



Pencil-like ion beam whose position is precisely controlled by rapid dipole magnets

M. Durante & J. Loeffler., (2010) J. S. Nat. Rev. Clin. Oncol. 7, 37

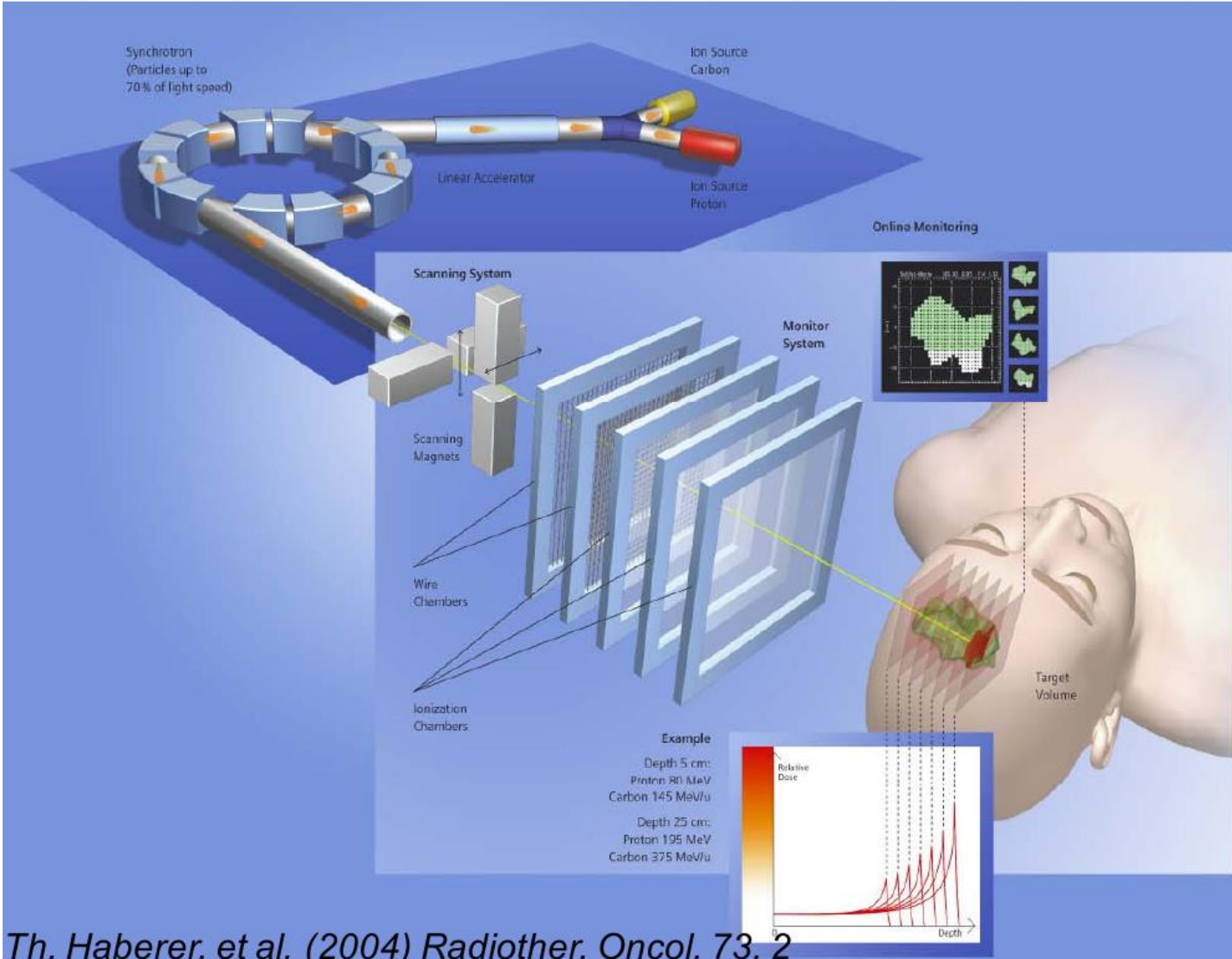
Active Beam Delivery



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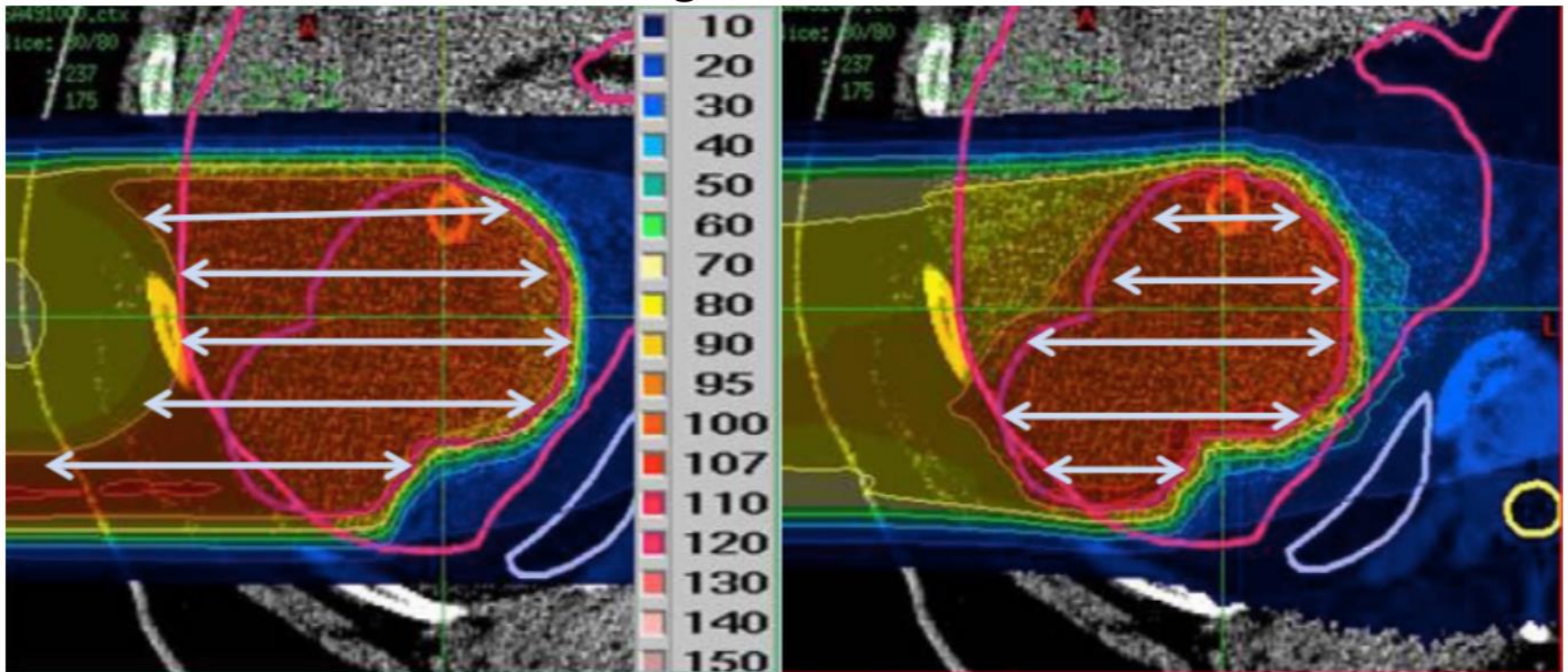


Th. Haberer. et al, (2004) Radiother. Oncol. 73, 2

Active vs Passive Beam Delivery



Liver treatment with scanning

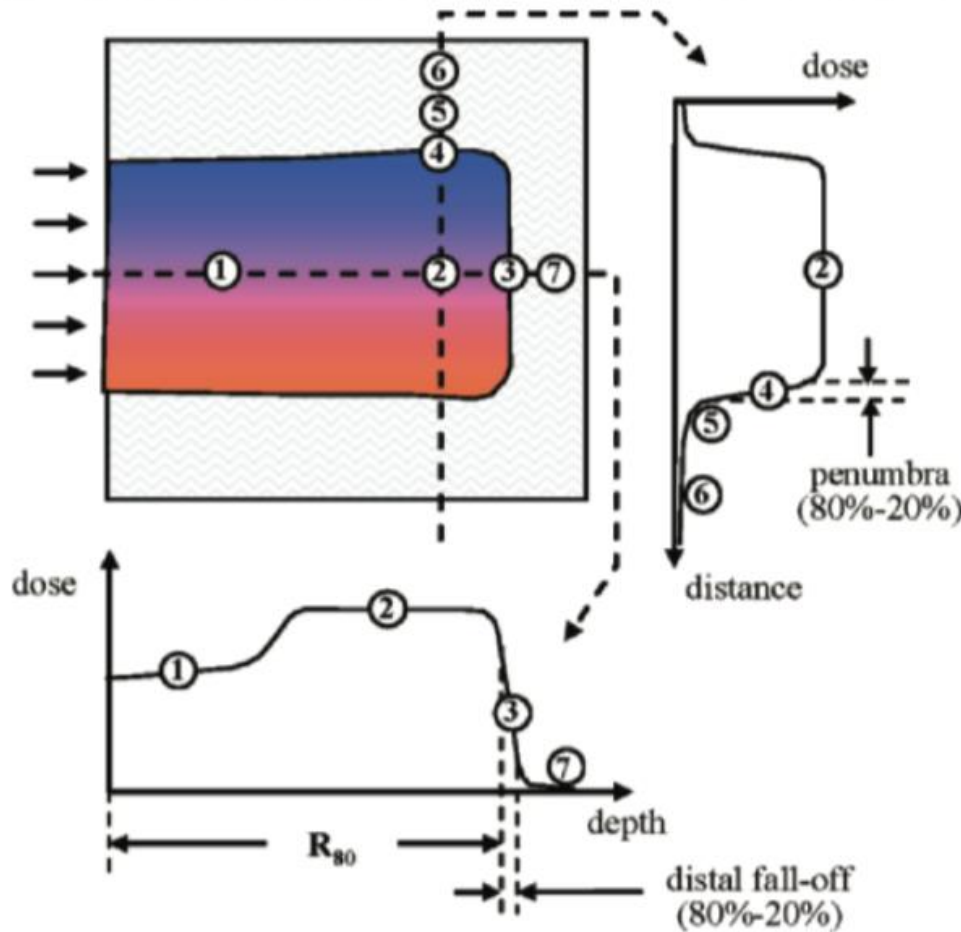


(C. Gillmann 2014) O. Jäkel 2018

Schema of principal contributions



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- 1 plateau protons – excitation/ionization; & nuclear interactions
- 2 excitation/ionization (Bragg peaks); & nuclear interactions
- 3 range straggling and energy spread
- 4 multiple Coulomb scattering off nuclei
- 5 wide angle Coulomb scattering off nuclei
- 6 protons and neutrons from nuclear interactions
- 7 neutrons from nuclear interactions

Schema of the principal contributions to the dose at several points within and outside the broad beam



Any Questions?

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